

Our Bereavement Coordinator



Greg Cressman

RN, BScN, MSc, CHPCN (C)

Greg has been a Registered Nurse providing palliative care for over 25 years. He previously worked as a Visiting Nurse with VON Hamilton, and then as a Clinical Nurse Specialist at St. Joseph's Healthcare Hamilton. He began working at Lisaard & Innisfree Hospice when he moved to Waterloo in 2015. Soon after he started, the hospice sought to expand its support for grief and bereavement care; since then, Greg has been pleased to serve as Bereavement Coordinator.



LISAARD &
INNISFREE
HOSPICE

**Please reach out to
Greg with your questions:
519-591-6524**

BC@lisaardandinnisfree.com

Our Bereavement Services

Family Time

A facilitated support group for grieving adult family & friends whose loved one has died. (Meets the first and third Tuesday of each month).

Coffee Time

A weekly drop-in group offering a space for friendly conversation and connection (Meets 10am Wednesdays at Innisfree House).

Bereavement Walking Group

A weekly grief support group that walks outdoors in summer and indoors in winter (meets 9:30am Thursdays).

Music Therapy Bereavement Group

A group that supports grief through music, facilitated by our Music Therapist. No musical experience needed – an enjoyment of music is all that's required (two eight-week sessions annually, spring and fall).

Bereavement Peer Support

One on one grief support over the phone with one of our specially trained volunteers (times and dates will vary depending on individual schedules).