



**13TH ANNUAL
HIKE FOR HOSPICE**
SUNDAY, JUNE 5, 2022

Every year for the past twelve years,

...family and friends of our residents have laced up their trainers, gathered pledges, and joined in our Hike for Hospice on the first Sunday in June.

...our sponsors have generously supported our Hike for Hospice with both funds to help with the Hike's administrative costs, and terrific prizes to reward some of our Hikers.

...more people have joined us in our annual Hike for Hospice, forming close-knit teams and sharing memories of the people they love and have lost in our Houses.

And on Sunday, June 5, for the thirteenth consecutive year, more teams will be lacing up to Hike while sharing laughs, tears, and support for each other and for Lisaard & Innisfree Hospice, with a collective goal of raising \$125,000.

When we talked with our Hikers about why they join this special fundraiser every year, overwhelmingly they tell us about how “the angels in the hospice” – the staff and volunteers who supported them and their loved one in their final days – made them feel safe, cared for, and wrapped in kindness.





"We're hiking to return some of the care and kindness you showed us at Innisfree House. There are not enough words to express what you all mean to us, you are truly angels."

"I'm hiking for all those people, including myself, who one day may need the accommodations that these two wonderful institutions provide."

"I'm hiking because this is an important place of gentle comfort at such a difficult time – we didn't know how much we needed the Lisaard House angels until we really needed them."

"I'm hiking in honour of my Mom, so others may receive the same amazing, compassionate care from this team of angels at Lisaard House."

We are so thankful for each of our dedicated Hikers! And while there's still time to register a team, we recognize not everyone is interested in hiking, but would still like to show support for our Hike for Hospice. That's why this year, we have officially registered a Lisaard & Innisfree Hospice team – our Hospice Heroes. This team represents our Nurses, PSWs, Spiritual Carers, Operations Team, Social Workers, and Volunteers, who together deliver the exceptional 24/7 palliative care we are known for in our community.

"We're hiking because of the incredible thoughtfulness and generosity we were all shown by the angels at Innisfree House."

Please consider a donation to our Hospice Heroes; as a team, we would like to raise at least \$2,500 — the amount of funds needed to care for our residents and operate our Houses for one day.

And on Sunday, June 5, with grateful hearts, we will carry your generosity along with us as we hike.

